



2022 FEE SCHEDULE - Please add GST to all rates

***Introductory (4) Private Sessions:** \$375.00

*One time offer, in-studio only

MIXED GROUP Workouts:

Single Session	\$49.00
5 sessions	\$227.50
10 sessions	\$425.00
20 sessions	\$820.00
40 sessions	\$1600.00

installment options:

2 installments 2 weeks apart	(\$410.00 x 2)
2 installments 4 weeks apart	(\$800.00 x 2)

Child/Teen & Senior's Rates: (7-17 years of age, and over 65 years of age)

10 private workouts : \$995.00

PRIVATE INSTRUCTION:

*Workout review \$100.00

Workout review with Risa Mathews: \$130.00

*For existing or returning clients only; workout reviews are recommended every 3-6 months, or following any significant physical change such as childbirth, injury, or an absence of more than 4 months.

Ongoing Privates:

Clinical assessment	\$210.00
1 session	\$115.00
5 sessions	\$550.00
10 sessions	\$1050.00
20 sessions	\$2000.00
40 sessions	\$3880.00

installment options:

2 installments 2 weeks apart	(\$1000.00 x 2)
2 installments 4 weeks apart	(\$1940.00 x 2)

Duets : (2 participants per lesson)

(1) Duet	\$130.00
(10) Duets	\$1250.00
(20) Duets	\$2400.00

TRIOS: (3 participants per lesson)

(1) Trio	\$210.00
(10) Trios	\$1850.00

Private Workout Rates with Risa Mathews:

(One) initial consult & workout design : \$185.00

(postural assessment, workout design, homework)

(Ten) 60 minute workouts with Risa: \$1250.00



Weekly MIXED GROUP Studio Schedule:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:00am			8:00am	
9:15am	9:15am	9:15am	9:15am	9:15am	9:15am
10:30am	10:30am	10:30am	10:30am	10:30am	10:30am
11:45am	11:45am	11:45am	11:45am	11:45am	11:45am
1:00pm	1:00pm	1:00pm	1:00pm	1:00pm	
			5:00pm		
5:00pm	6:15pm	6:15pm	6:15pm		
	7:15pm				

Client Appreciation Program:

Earn one free Mixed Group workout for every new person you refer to Boditree ! We love word of mouth testimonials, and we are thrilled to share our love of Pilates with every single person who walks through our door. We thank you for your recommendations!