



2020 FEE SCHEDULE - Please add GST to all rates

***Introductory (4) Private Sessions: \$360.00**

*One time offer, in-studio only

MIXED GROUP Workouts:

installment options:

Single Session	\$49.00		
5 sessions	\$227.50		
10 sessions	\$425.00		
20 sessions	\$820.00	2 installments 2 weeks apart	(\$410.00 x 2)
40 sessions	\$1600.00	2 installments 4 weeks apart	(\$800.00 x 2)

Child/Teen & Senior's Rates: (7-17 years of age, and over 65 years of age)

Introductory (4) private sessions :	\$330.00
10 group workouts :	\$400.00
10 private workouts :	\$995.00

PRIVATE INSTRUCTION:

*Workout review	\$100.00
Workout review with Risa Mathews:	\$130.00

*For existing or returning clients only; workout reviews are recommended every 3-6 months, or following any significant physical change such as childbirth, injury, or an absence of more than 4 months.

Ongoing Privates:

installment options:

Single Session	\$114.00		
Clinical assessment	\$175.00		
5 sessions	\$550.00		
10 sessions	\$1050.00		
20 sessions	\$2000.00	2 installments 2 weeks apart	(\$1000.00 x 2)
40 sessions	\$3880.00	2 installments 4 weeks apart	(\$1940.00 x 2)

Duets : (2 participants per lesson)

(1) Duet	\$130.00
(10) Duets	\$1250.00
(20) Duets	\$2400.00

Virtual Class Rates :

(1) \$22.00
(10) \$200.00

Virtual Private/Duet Workout Rates with Risa Mathews:

One 75 minute initial consult & design : \$185.00 (postural assessment, workout design, homework)
(One) 60 minute workout: \$140.00
(Ten) 60 minute workouts with Risa: \$1250.00

*regular rates apply for Virtual Privates with Boditree Instructors & Associate Virtual Educators.



Weekly Mixed Group Apparatus Schedule: 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:00am			8:00am	
9:15am	9:15am	9:15am	9:15am		9:15am
10:30am	10:30am	10:30am	10:30am	10:30am	
11:45am		11:45am		11:45am	
1:15pm			1:15pm	1:15pm	
	5:00pm	5:00pm	5:00pm		
	6:15pm	6:15pm	6:15pm		

*Boditree also offers regularly scheduled **weekly live ONLINE ZOOM Classes**, plus Private lessons, Duets, & workshops !*

Virtual Weekly Online Class Schedule:

INTEGRATE level 1-2 LIVE ONLINE Pilates Matwork :

The classical Matwork, for all levels of fitness !

Tuesdays : 10:30am

Thursdays 10:30am

Sundays 10:00am

See weekly schedule on Mindbody Online for added classes such as Fletcher Floorwork, Boditree Stretch, & more !

Client Appreciation Program:

Earn one free mixed groups workout for every new person you refer to Boditree !

We love word of mouth testimonials, and we are thrilled to share our love of Pilates with every single person who walks through our door. We thank you for your referrals !